

# SUPPORTED



## Useful telephone numbers

### To contact the Pelvic Partnership

- Website: [www.pelvicpartnership.org.uk](http://www.pelvicpartnership.org.uk)
- General enquiries: [enquiries@pelvicpartnership.org.uk](mailto:enquiries@pelvicpartnership.org.uk)
- Support for SPD: [support@pelvicpartnership.org.uk](mailto:support@pelvicpartnership.org.uk)
- Membership: [membership@pelvicpartnership.org.uk](mailto:membership@pelvicpartnership.org.uk)
- Call The Pelvic Partnership on: 01235 820 921
- If you are enquiring from Ireland please call: 028 4063 8116
- The Pelvic Partnership, 26 Manor Green, Harwell, Oxon, OX11 0DQ

### Practitioners whom our members have found beneficial

- Lucy Townsend: *Physio*, (Bourton-on-the Water) 07711 821514
- Gordon Bosworth: *Physio*, (Didcot) 01235 810 099, (Abingdon) 01235 555 395 and (Milton Under Wychwood) 01993 830 913
- Georgina Evans: *Physio & incontinence specialist* (Oxford) 01865 311 686
- The McTimoney College of Chiropractors (Abingdon) 01235 523 336  
(Ask for students that have experience treating women with SPD)
- Claire Small: *Physio*, (West London) 0870 2000 878
- Claire Woodward: *Physio*, (Gloucester) 07775 806 598
- St James Chiropractic Clinic, Simon Billings: (Southampton) 0238 0788 111
- Alison Bartup: *Physio*, (Stockport) 0161 440 8970
- Ian Melrose: *Osteopath*, (Dublin) +35 3146 00516
- Quentin Shaw: *Osteopath*, (Tunbridge Wells) 01892 683 844
- James Booth: (West Bridgford, Nottingham) 01159 232425

### Useful sources of support or information

- Carers Centres
- National Centre for Disabled Parents - 0800 0184730
- National Childbirth Trust - 0870 444 8707
- Parentline: Confidential support to stressed parents - 01865 726600
- SPOD: Sexual & Personal Relationships of Disabled - 020 7607 8851
- Homestart: help for parents with pre-school children - 08000 686368
- Citizens Advice Bureau: Employment rights and advice - Local office